



# THE ECCLESBOURNE SCHOOL

*'Learning Together For The Future'*

Head Teacher  
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## Gastro-intestinal Illness

Dear Parents and Carers,

We are writing to let you know that we have seen a higher than usual number of pupil absences due to sickness and diarrhoea this week. This type of illness is common at this time of year, and the symptoms we are seeing are consistent with a seasonal viral stomach bug.

Please be assured that we are taking this seriously. We have enhanced our cleaning routines and we will be reminding all students during form time about the importance of good hand hygiene, including washing hands with soap and water regularly throughout the day.

### Advice from the UK Health Security Agency (UKHSA)

To help prevent further spread of infection, UKHSA recommends the following:

- Do not send your child to school if they have vomiting or diarrhoea.
- Children should remain at home for 48 hours after their last episode of sickness or diarrhoea. This is the most effective way to prevent passing the illness to others.
- Encourage good handwashing with soap and water at home, especially after using the toilet and before eating. (Hand sanitiser alone is not effective against some stomach bugs.)
- Ensure children drink plenty of fluids and rest while recovering.

These measures help reduce the spread of common gastrointestinal infections and allow children to return to school safely once they are well.

Thank you for your support in helping us minimise the spread of illness and keep our school community well. If you have any concerns or need further advice, please do not hesitate to contact us.

Yours sincerely,

James McNamara  
Head Teacher