



THE ECCLESBOURNE SCHOOL

'Learning Together For The Future'

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Dear Parents / Carers

Re: Smashed Live – Underage Drinking Awareness Programme for Year 8

We are delighted to let you know that on 23rd March 2026 we will have a visit from Smashed Live. This is an award-winning underage drinking awareness programme, delivered by Collingwood Learning.

Smashed Live is a powerful and engaging theatre-based experience that helps young people understand the risks and consequences of underage drinking. The programme is provided completely free of charge to the school and has reached over one million students in more than 20 countries.

During our visit, students will take part in:

- A live theatrical performance following the story of three teenagers and their experiences with
- alcohol.
- An interactive workshop exploring:
 - The social and emotional causes of underage drinking.
 - The impact of alcohol on young lives, including:
 - The impact that drinking alcohol may have on behaviour and relationships.
 - Peer pressure and decision-making.
 - How to seek help for yourself or others.

The session is designed to be age-appropriate, engaging, and aligned with the PSHE curriculum. It encourages students to reflect on real-life situations and make safe, informed choices.

To support learning beyond the session, the company also provide a Parent Guide, which your child will bring home. This guide is designed to help you continue the conversation at home and reinforce the key messages from the programme.

We are looking forward to welcoming Collingwood Learning. The session promises to be one which will support our young people in making positive choices. If you have any questions about the programme, please feel free to contact the school or visit the Smashed website at www.smashedproject.org.

Yours sincerely

A Bell
English Teacher / Head of Personal Development & Citizenship