



# THE ECCLESBOURNE SCHOOL

*'Learning Together For The Future'*

Head Teacher  
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14 January 2026

Dear Parents/Carers

## **RSE (Relationships and Sex Education) Day, 22<sup>nd</sup> January 2026**

As part of our Personal Development Curriculum, students receive lessons on Relationships, Sex and Health Education (RSE). This is statutory curriculum content.

As part of this provision, all Year 12 students will take part in a RSE day. This will take place on the 22<sup>nd</sup> January 2026. We will be joined on the day by The School of Sexuality and the Derbyshire NHS Community Health Service. Both providers will deliver age – appropriate content to students.

On the day, students will be released from timetabled lessons and will take part in the following workshops:

- Contraception: students will learn about different types of contraception. This session will be delivered by The School of Sexuality.
- Relationships: students will consider boundary setting in relationships, communication and consent. This session will be delivered by The School of Sexuality.
- Sex, Bodies and the Media: students will consider the representation of relationships in the media and how pornography can impact upon personal relationships. This session will be delivered by The School of Sexuality.
- STI Information and Accessing Local Health Services. This session will be delivered by Derbyshire NHS Community Health Services.

Students will be in mixed groups during the workshops. There will be opportunity for students to ask questions and discuss issues which arise.

Historically, this has been a very useful day for our students. We look forward to welcoming your son or daughter.

Kind Regards

Annie Bell  
English Teacher / Head of PDC