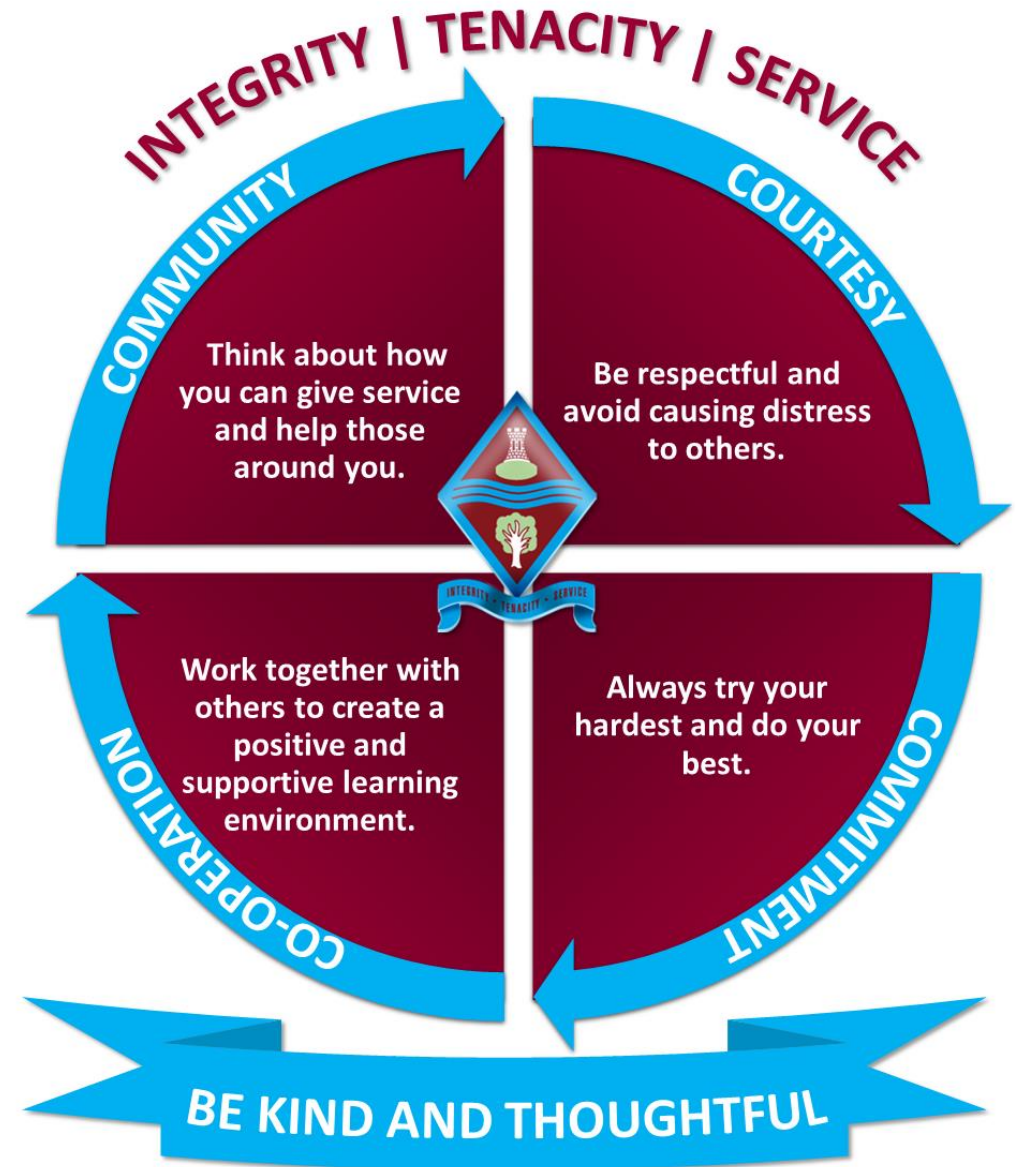




Year 10 Information Evening

Upper School Pastoral Team
The Ecclesbourne School
13th September 2023





This evening:

- Key Information and School Expectations
- Personal Development
- How to support your child with mental health and wellbeing including making referrals to school
- Careers and Work Experience. Work experience week is the 1st - 5th July 2024.






Vision & Aims





A broad and balanced curriculum that develops the knowledge and skills pupils need to thrive now and for a fulfilling future

A young girl with dark hair in pigtails, wearing a school uniform consisting of a red blazer, a striped tie, and a grey skirt, stands on a stage. She is holding a small piece of paper and speaking into a microphone on a stand. The stage is dimly lit, with a spotlight focused on her. In the background, there are dark curtains and two circular stage lights on the floor. To the right of the girl is a music stand.

Develop pupils' resilience and confidence in themselves and their capacity for growth



Ensure pupils feel valued, value others and learn to work together to make a positive contribution



Ensure pupils stay safe and healthy in mind and body



Develop creativity in an innovative learning environment



*Appreciate the spiritual, moral, social and cultural richness
of the world at large*



GCSE Performance





Results - Year 11

	2017	2018	2019	2023
% 5A-C (9-4)	90	89	93	86
% 5A-C (9-4)EM	86	84	91	84
A*- A (9-7)	38	25	38	32
% A*-C EM (9-4)	87	86	91	86
% A*-C EM (9-5)	73	64	72	68
% Ebacc(4+)	44	45	43	46
P8	+0.2	+0.4	+0.6	+0.4
A8	58	55	59	57



Derbyshire Ranking



86%

9-4 inc E & M



68%

9-5 inc E & M



57

Attainment 8



Upper School Pastoral Team



Mr Duncker-Brown
Head of Upper School



Mr Sellers
Head of Year 10/11



Mrs Dodson
Head of Year 9/10



Mrs Green
Head of Equality,
Diversity and
Inclusion



Miss Piper
Progress Leader
and Anti-Bullying
Lead





Year 10 Tutors

- 10E Mr Davies
- 10C Mrs Mitchell
- 10L Mr Ford
- 10S Mr Basey
- 10B Mrs Sharma
- 10U Mrs James/Mrs Butler
- 10R Mr Stapley
- 10N Mrs Rogers
- 10T Mr Beardsley





Key dates (Please note these can be subject to change)

- 14th September Year 10 Photos.
- 21st September the WRAT (Wellbeing, Record of Achievement and Target setting) review process.
- 29th September Prize Day.
- 30th November will be the House Plays evening performance.
- W/b 11th December Interim reports and WRAT.
- 27th February Year 10 Parents' Evening.
- W/b 25th March Interim reports and WRAT.
- 26th April is the SV2 Consent workshop.
- 29th April-3rd May (inclusive) Year 10 Exams.
- 3rd, 4th + 6th June Year 10 Language mock speaking exams.
- W/b 24th June Year 10 Reports and exam grades
- 28th June Year 10 mock Art exam.
- Work Experience 1st-5th July.
- 8th July Work experience follow up in school.





Rewards

- Merits.
- Prize Giving.
- Roll of Honour.
- Merit/Colour Ties.
- Sports Award Ceremony.
- Governors Awards Evening.
- Assembly
Commendations/shared success.
- Attendance Certificates.





GCSE Grading

- GCSE subjects graded 1 to 9.
- BTEC Level 1 Pass to Level 2 Distinction
- GCSE subjects have terminal exams.
- Coursework in some subjects.

Level / Qualification Grade	Grade Equivalent
Level 2 / Distinction*	8.5
Level 2 / Distinction	7
Level 2 / Merit	5.5
Level 2 / Pass	4
Level 1 / Distinction	3
Level 1 / Merit	2
Level 1 / Pass	1.25

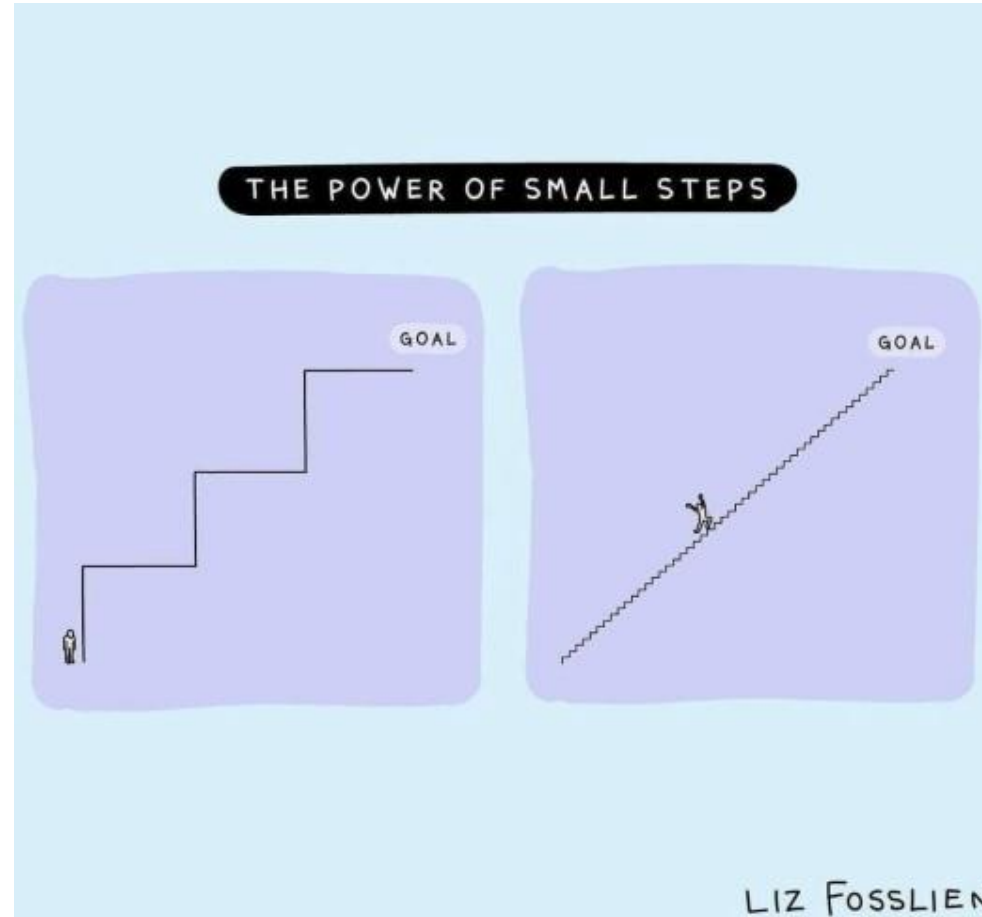
9		A*
8		
7		A
6	<div>GOOD PASS (DfE)</div> <div>5 and above = top of C and above</div> <div>AWARDING</div> <div>4 and above = bottom of C and above</div>	B
5		
4		C
3		D
2		E
1		F
		G
U		U





Revision Advice for Parents and Carers

[Key Stage 4 | Ecclesbourne School](#)





START EARLY

The more time your child gives themselves to revise, the more opportunity they have to cover each subject without needing to cram. They will be have more time to practise what they need to learn and consolidate it into their memory.





HELP THEM MAKE A REVISION TIMETABLE



You can ensure that your child devises a realistic revision programme for themselves. You can factor in events that might be happening.



GO SHOPPING FOR STATIONERY

Students know that they need to mix up the style of revision that they do. Having a range of different stationery will help them with that.





GET INVOLVED

It is definitely your child's responsibility to revise!
But now and again maybe you could test them on their flashcards. Ask them to explain their mind maps or PowerPoints.





BE ENCOURAGING AND CELEBRATE MINI GOALS

We encourage the students to set themselves a small number of mini goals to achieve at the end of each day.





HELP THEM TO NOT GET DISTRACTED



What distracts your child? Their phone? YouTube? Talk with them to decide the best strategies for avoiding distractions, e.g. phone in a different room, 10 internet rewards for 40 minutes revision.



GET A GOOD BALANCE

Plenty of sleep

Healthy snacks

Going for walks

Exercise





USE HELPFUL APPS

Flipd is an app that stops you procrastinating and keeps you motivated.

[How to use Flipd - YouTube](#)

Quizlet is a way of creating key word flashcards

[Learning tools and flashcards - for free! | Quizlet](#)

Adapt helps you to create your own revision timetable.

[Adapt - free Revision Timetable App for A-level & GCSE \(getadapt.co.uk\)](#)

Seneca has hundreds of tasks linked to specific exam courses

[Free Homework & Revision for A Level, GCSE, KS3 & KS2 \(senecalearning.com\)](#)



Support with work

- Students should talk to their subject staff.
- Talk to Upper School Office; i.e. their Head of Year or one of the wider team or their form tutor.
- The library is available at lunchtimes and after school until 4.45pm.
- We will also identify students throughout the year and offer them some subject specific tutoring.
- We can also arrange for mentors.
- Revision sessions are offered by a range of subjects as exams get closer.





News

Opinion

Sport

Culture

Lifestyle

More

Education ► Schools Teachers Universities Students

School attendance and absence

This article is more than 2 months old

One in 10 GCSE-year pupils absent from English schools each day

sky news

13 Sept 21° 15° Watch Live

Home UK World Politics US Climate Science & Tech Business Ents & Arts Travel Offbeat More

An urgent national crisis: The number of children missing school soars

70%	57 Days	11.5 Weeks	290 Lessons
65%	67 Days	13.5 Weeks	340 Lessons

100% - 10%
Excellent

THE YORKSHIRE POST

Latest News Heritage Property Sport Opinion Business Country and Farming

BREAKING Former ITV News presenter reveals dementia diagnosis

Education

School attendance in Leeds drops to 92 per cent as cost of living crisis affects education





Extracurricular Activities

- Sports teams and clubs
- Music
- Drama
- House plays
- Duke of Edinburgh
- Trips and Visits
- And there is a wide range of subject related clubs to go to!





THE ECCLESBOURNE SCHOOL
LEARNING TOGETHER FOR THE FUTURE

Personal Development





Personal Development

PDC curriculum

Leadership
opportunities

Wider
curriculum

Assemblies

Pastoral support

Our VALUES



Code of Conduct / Inclusive Language Charter

Our VALUES



The Ecclesbourne School Inclusive Language Charter

Our intention:

At The Ecclesbourne School we strive to have an inclusive community where difference is celebrated, and everyone has a sense of belonging. This is why we have a zero tolerance of derogatory language which reinforces negative stereotypes related to the protected characteristics, including gender, race, sexuality, and physical ability. We ask all members of the school community to think carefully about the language that they use so that it doesn't include any unconscious bias. In addition, all staff and students are expected to be an upstander, and to call out any language which is not inclusive.

This charter sets out the ways in which we can fulfil our Inclusive Language Charter.

What we need to do:

1. Never use insulting language

Sexist, homophobic, transphobic, racist, ableist and any other language used to insult another person is not tolerated at our school. There are no situations where using this language is considered a joke or 'banter.'

2. Be aware of the difference between sex and gender

We understand that sex relates to the biological and physiological characteristics defining men and women; and gender refers to social constructed roles, behaviours, and attributes. We respect everyone's right to be addressed by their chosen pronouns and never deliberately misgender anyone.

3. Be aware of what microaggressions are

Whilst we can easily recognise offensive language, microaggressions may be harder to spot. We need to know that saying things such as, 'where are you actually from?' 'doesn't your religion mean you can't do that?' can and do offend which creates barriers within our community.

4. Issue appropriate sanctions

When offensive language is used by students, staff will follow procedures whereby a student receives a sanction. We have a zero-tolerance policy on the use of offensive language at our school. If a member of staff uses offensive language, we follow procedures which are guided by our DEI policy.

5. Educate

We have PDC lessons, assemblies, as well as student-led awareness groups which all help us to understand the power of language and the damaging effects that it can have. A student who uses offensive language will receive further education, as means of reformation and restoration.

6. Be upstanders

There are numerous ways to be an active citizen to help make our school more inclusive. Teachers, Form Tutors, Head of Year, Progress Leaders, DDSLs, the DSL, the Headteacher and Tootoot are all means of staff and students holding others to account by reporting the use of offensive language.



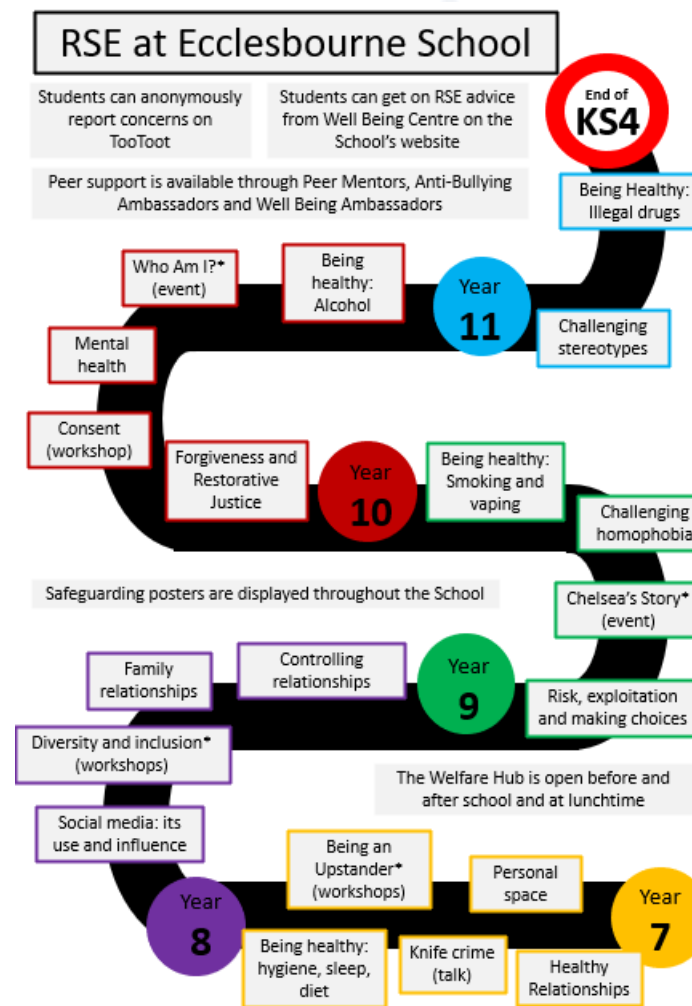
Community Week 2023





PDC curriculum

Personal Development, Citizenship and Careers

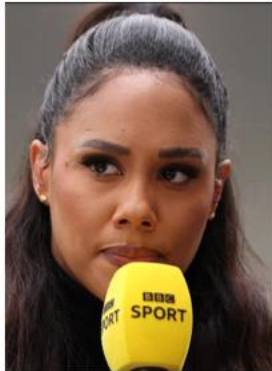




Assemblies



A refugee country has a w religion



Stormie DeLarverie

Luther King Jr.



Upstander:
Harriet Tubman



Upstander:
Maya Angelou



Leadership Opportunities

To get involved in:

- Student Council
- Well-Being Ambassadors*
- Anti-Bullying Ambassadors*
- Community Ambassadors
- Reading Ambassadors

To get support* from:

- Peer Mentors
- Buddy Readers
- House Captains





Pastoral Support

Be
an
Upstander

Different ways to 'speak out'...

Pastoral Team, Teachers, Form Tutors

Well Being
Ambassadors

Anti Bullying
Ambassadors

Welfare Hub

Tootoot

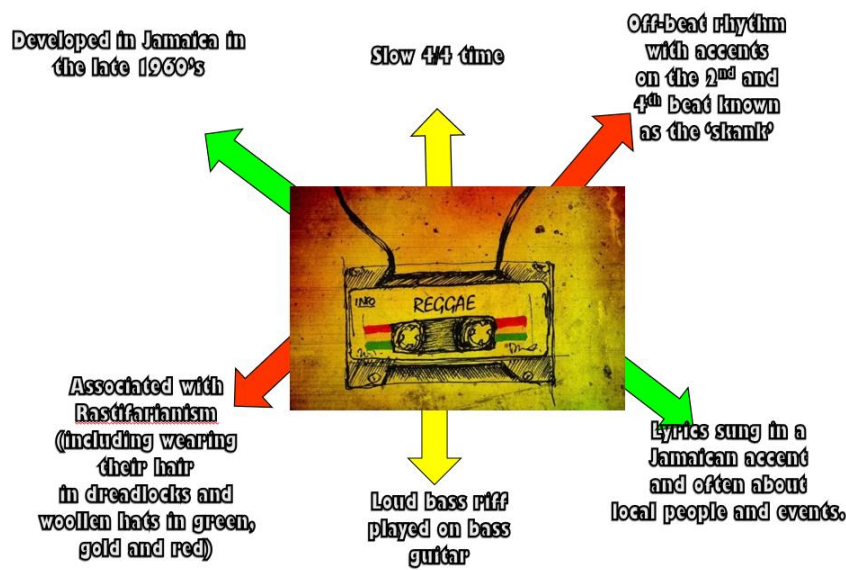
Other student
leaders





Diversity, Equality and Inclusion in the curriculum

Wider curriculum



YEAR 8

ect
nks

Key word: **Diatribes** – a forceful and bitter verbal attack against someone or something

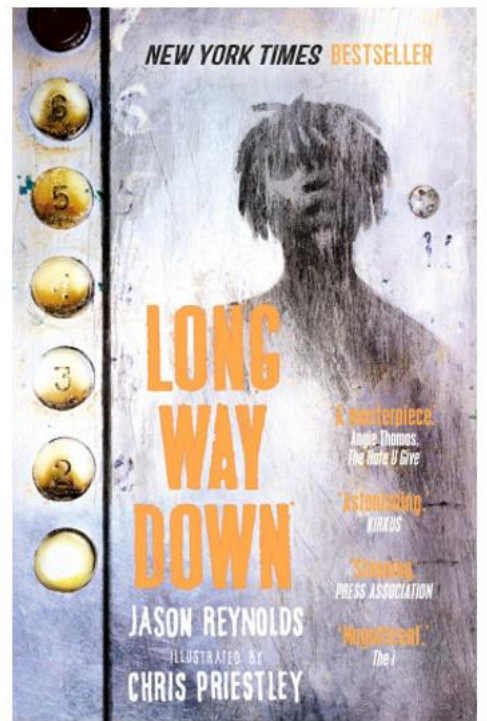


Stephen Lawrence was an 18 year old, Black British A Level student from Eltham, South East

Toxic Masculinity

‘Pillars of control, dominance, and violence over other people.’

‘Toxic masculinity normalises male aggression and violence. We see it in music, we see it in video games, we see it in discourse of parliamentary politics.’





- PDC   | LifeSkills



- Work Experience – 1st – 5th July 2024



- Post-16 information



- Careers drop in sessions



zfarina@ecclesbourne.derbyshire.sch.uk

- Careers advice







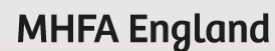
Mental Health Team



Mrs Owen-Moore
Deputy Head and
Mental Health Lead

- Most of Pastoral team is MHFA trained
- 2 Pastoral workers – Attendance and School nurse
- Not experts





TALK

KEEP PHYSICALLY ACTIVE

EAT WELL

LOOKING AFTER YOUR MENTAL HEALTH

GET A GOOD NIGHT'S SLEEP

CONNECT WITH OTHERS

DEVELOP COPING STRATEGIES

ASK FOR HELP!

**DO SOMETHING
YOU ARE GOOD
AT**





Importance of Reading



- Sarah Brennan, Young Minds Chief Executive, said:

“Books can play a vital role in promoting the mental and emotional well being of young people. They help to break the isolation experienced by young people and demonstrate that their feelings and problems are not unique.”

In the school library we have many books that can help:

- We have a wide range of fiction, reflect real-life situations and issues that young people face.
- Our non-fiction includes self-help guidance and understanding mental health and illness.
- **READING WELL** have an excellent selection of recommended reading, called "Books on Prescription" <https://reading-well.org.uk/books/books-on-prescription>



Wellbeing Ambassadors

- The Wellbeing Ambassadors establishes and supports an empowered team of young people to become leaders of wellbeing and mental health initiatives for their peers.
- Assemblies.
- Helping to run the wellbeing hub.



IT'S OKAY
NOT TO
BE OKAY.

MENTAL HEALTH

An assembly that looks at what mental health is, signs, facts and tips to look after your mental health.





- Ask for HELP!





Build Sound Minds

- 5-16 years old.
- Mild to moderate mental health difficulties that do not meet the thresholds for more specialist services – low mood, anxiety, simple phobias, stress, worry, low level self harm – not suitable for children on CAMHS waiting list.
- Build resilience and prevent more serious mental health issues developing.
- Short term work – 6-8 weeks.
- Waiting list.
- Parents can refer.



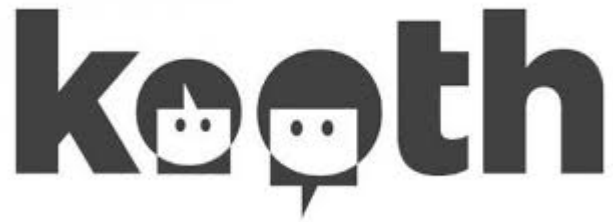
Derbyshire Mental Health Support Line

[Derbyshire Mental Health Support Line](#) tel: 0800 028 0077. Mental health

support line for Derbyshire people of all ages. Open 24 hours per day, 7 days per week.



More external resources



provides free, safe and anonymous mental health and emotional well-being online support for young people aged 11 to 25.



offers free online counselling and emotional wellbeing support for parents and carers of young people.