



**Walk, cycle or scoot to school
and discover a new way to travel**

- Challenge** your friends and family to join you
- Enjoy** exploring new routes to and from school
- Help** the environment by replacing a car journey
- Improve** air quality and reduce congestion

Win an Apollo kid's bike from **halfords**

1. During Bike to School Week, take a short video or post a photo and message telling us why you love to or would like to cycle to school
2. Follow and tag **@Sustrans** on Facebook, Twitter or Instagram
3. Post your entry with **#SustransWin** by Monday 5 October to be in with a chance of winning a brand new Apollo kid's bike

www.sustrans.org.uk/biketoschoolweek



Sustrans is the charity making it easier for people to walk and cycle.

Registered charity no. 326550 (England and Wales) SC039263 (Scotland). Competition T&Cs apply: www.sustrans.org.uk/btswphotocomp

#BikeToSchoolWeek