



# THE ECCLESBOURNE SCHOOL

*'Learning Together For The Future'*

Head Teacher  
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INVESTOR IN PEOPLE

11<sup>th</sup> October 2023

Dear Parents and Carers,

## Relationships and Sex Education (RSE) Policy

All of our students experience weekly Personal Development and Citizenship (PDC) lessons which are delivered by form tutors. In these lessons, students study Relationships and Sex Education (RSE), careers and health education, plus Citizenship. The intent of RSE lessons is to give our students the information needed to help them develop healthy, safe and nurturing relationships. PDC follows a spiral curriculum, meaning concepts and themes are re-visited at different key stages in an age-appropriate way. Our PDC curriculum is always evolving because it is vital that we respond to local and national trends regarding issues which affect young people. As well as the taught curriculum the PDC department regularly organises events in school, such as talks and drama performances, which supports the learning in the classroom. Elements of the RSE curriculum is taught in other subjects, namely Science and ICT. The assembly programme is also a key part of our personal development programme.

Our Relationships and Sex Education curriculum follows the statutory guidance as set out by the Department for Education. We update our policy annually. Part of this must include consultations with stakeholders, including our governing body, staff, students and our parent body. We know that you, the parents and carers, play the most significant role in informing and influencing your child's understanding of healthy relationship. **Given that, please can I ask you to spend a couple of minutes completing a short survey giving your views on RSE and the delivery of it in school.** All of your responses will be confidential, and you are not required to answer all of the questions. Please use this <https://forms.office.com/e/K3PtNBuE9S> Our current policy is on our website should you wish to read that as well. [rse-2022-v2.pdf \(ecclesbourne.derbyshire.sch.uk\)](#) The survey will close on Thursday 26<sup>th</sup> October 2023.

Also on our website are useful links for parents from different organisations which are aimed at supporting you in having discussions with your children about relationships. These can be found by clicking on the Parents tab and going to the Well-Being Centre page. [Student Wellbeing Centre | Ecclesbourne School](#)

I must also make you aware that parents and carers have the right to request to withdraw their child from sex education but that there is no right to withdraw their child from relationships education (or health education). If you wish to withdraw your child, please email me directly ([hgreen@ecclesbourne.derbyshire.sch.uk](mailto:hgreen@ecclesbourne.derbyshire.sch.uk)).

With thanks for your support,

Helen Green  
Assistant Head: Diversity, Equality and Inclusion