

Y11 Enrichment Options

Y10 Assembly

The Ecclesbourne School

Y11 Enrichment

- In Year 11 we are offering students a chance to pick an option which reflects their interest.
- The point is not to gain a qualification but to do something that you might really enjoy and offers the opportunity to focus on something other than your subjects each week.
- It is the opportunity for some downtime, fun, creativity and time to focus on your wellbeing.
- You will be asked to complete a form stating your choices in order of preference and we will look at what options will be on offer next year on a Wednesday afternoon.

Options

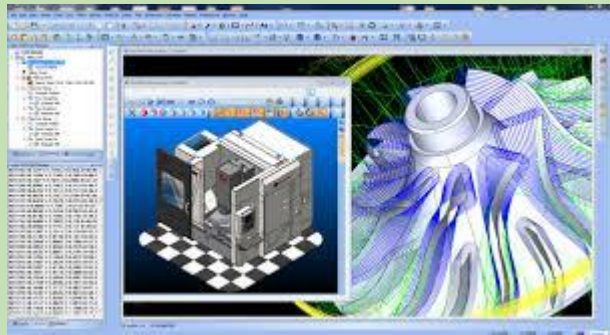
- There are a range of options on offer and they are intended to run on a Wednesday afternoon. Some include some additional study time to allow you to focus on study to free up time outside of school.
- Options include:
 - Duke of Edinburgh
 - Physical Activity for Wellbeing
 - Dance Leadership
 - Digital Design and Rapid Prototyping
 - Make and Mend in Textiles
 - Study Periods
 - Drama
 - Printmaking and Collage
 - Music Technology

Duke of Edinburgh; Bronze/Silver

- Consists of an expedition, skill development and voluntary work.
- Complete a first aid qualification as part of the training.
- Complete short training walks to prepare for the longer expedition.
- Ideal preparation for moving onto DoE (Silver or) Gold.



Digital design and Rapid Prototyping



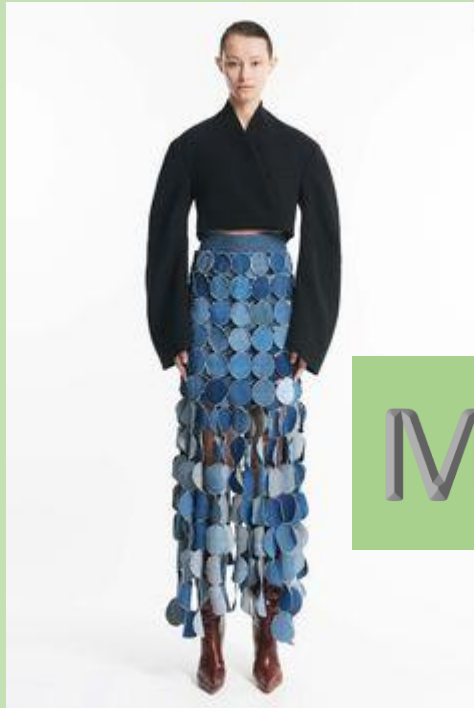
Topics:

- CAD/CAM
- Rapid prototyping
- CNC machines
- Iteration of ideas
- Testing and modifications

Upcycle & reuse unwanted clothing



Repair or alter unworn clothing



Make & Mend

Learn a new skill or Refresh an existing skill



Drama

- Live theatre trips & workshops.
- Set design, costumes and prop design.
- Lighting and Sound.



Music Technology

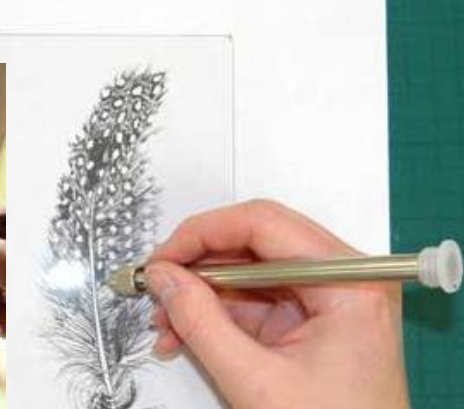
- Recording and production techniques.
- Principles of sound and audio technology.
- The development of recording and production technology



Printmaking and Collage

Covering some techniques such as:

- Gelli plate printing
- Mono printing
- Dry point printing
- Collagraph printing
- Collage
- Decoupage



Dance Leadership Level 2 – 1 hour

- The Award is divided into seven units that cover the fundamental areas of dance leadership and are relevant to a wide variety of dance and recreational activities.
- The Award is designed to give candidates a range of skills that will enable them to develop the leadership skills for a dance leader.
- Candidates should lead a minimum of ten hours of dance activity of which they have been the sole planner and organiser.

Areas you will cover:

1. Leadership skills for a dance leader
2. Adapting dance sessions to be inclusive
3. Safeguarding dance participants
4. Plan, lead and evaluate dance sessions
5. Assist in organising and leading a dance event
6. Use of movement and music in dance choreography
7. Pathways in dance



Wellbeing; Physical Activity – 1 hour

Frequent physical activity can help improve the quality of your life. It can reduce your risk of major illnesses like cancer and stroke, help boost energy levels and self-esteem and decrease your risk of stress. - (NHS 2023)

- This options allows you to take part in a range of different physical activities throughout the year outside of your core and examination PE subjects.
- You will look at different sports we haven't covered in PE before and give you the opportunity to boost your energy levels and explore the different ways people are physically active around the world! You might discover a lifelong hobby!



Study Periods

- Supervised self-study periods.
- Teacher is available for general questions but might not be able to help with subject specific questions.
- Opportunity to complete coursework, homework or revise.
- Need to have a plan and bring work to complete.
- Frees up time for training, hobbies, music lessons etc. outside of school.

